



## KEYNOTE 2: SELF-LEADERSHIP

# The Self-Leadership Imperative: Turning Personal Growth into Collective Impact

In this empowering program, Heather R Younger guides leaders to take ownership of their professional growth and navigate challenging situations with resilience. Through The Self-Leadership Imperative, leaders will learn to take control of their own paths, transforming the way they inspire and uplift their teams.



**This keynote is ideal for managers, executives, directors, founders, and other business professionals who are:**

- ✓ Prioritizing personal and professional growth as an essential part of leadership development
- ✓ Seeking to create intentional workplace relationships and set clear expectations
- ✓ Focused on enhancing their ability to inspire, engage, and drive their teams toward organizational success

### Audience Takeaways:

- ✓ The Self-Leadership Framework – A proven model to stay strong, flexible, and focused through change
- ✓ Progress Over Perfection – A mindset shift to embrace growth, adaptability, and continuous improvement
- ✓ A Self-Empowerment Toolkit – How to take control of your career trajectory and leadership influence
- ✓ How to Foster a Culture of Resilience
- ✓ Emotional Agility & Decision-Making Mastery – Strengthen clarity, composure, and effectiveness under pressure



Heather is a brilliant speaker and engaging *partner* as you strive to develop your leadership skills for yourself or your organization!  
Thanks Heather for sharing your talents with others.

Michelle Hall | SVP & Chief Human Resources Officer, Meijer