



KEYNOTE 2: SELF-LEADERSHIP

The Art of Self-Leadership: The Key to Inspiring Team Performance by Taking Ownership

In this empowering program, Heather R Younger guides leaders to take ownership of their personal and professional growth and navigate challenging situations with resilience. Through The Art of Self-Leadership, leaders will learn to take control of their own paths, transforming the way they inspire and uplift their teams.



This keynote is ideal for managers, executives, directors, founders, and other business leaders who are:

- ✓ Prioritizing self-care as an essential part of leadership development
- ✓ Seeking to create intentional workplace relationships and set clear expectations
- ✓ Focused on enhancing their ability to inspire, engage, and drive their teams toward organizational success

Audience Takeaways:

- ✓ A deeper self-awareness and the motivation to initiate personal growth
- ✓ Strategies to grow resilient through challenges, mistakes and failure
- ✓ Practical actions to elevate team productivity and effectiveness



Heather is a brilliant speaker and engaging *partner* as you strive to develop your leadership skills for yourself or your organization!
Thanks Heather for sharing your talents with others.

Michelle Hall | SVP & Chief Human Resources Officer, Meijer