



## KEYNOTE 2: SELF-LEADERSHIP

# The Art of Self-Leadership: The Key to Inspiring Team Performance by Taking Ownership

In this empowering program, Heather R Younger guides leaders to take ownership of their professional growth and navigate challenging situations with resilience. Through The Art of Self-Leadership, leaders will learn to take control of their own paths, transforming the way they inspire and uplift their teams.

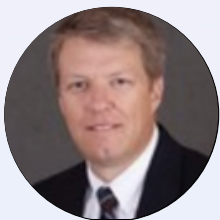


**This keynote is ideal for managers, executives, directors, founders, and other business leaders who are:**

- ✓ Prioritizing self-care as an essential part of leadership development
- ✓ Seeking to create intentional workplace relationships and set clear expectations
- ✓ Focused on enhancing their ability to inspire, engage, and drive their teams toward organizational success

### Audience Takeaways:

- ✓ A deeper self-awareness and the motivation to initiate personal growth
- ✓ Strategies to build loyalty and trust through authentic social interactions
- ✓ Practical actions to elevate team productivity and effectiveness



Heather's inspirational words will help our organization's leaders move *forward* in this new world of business we are all navigating.

Steven C. Hansen | CEO, Presbyterian Medical Services